

## Soups

<b>Egusi</b> <i>(made with fresh spinach and cooked in peppers and palm oil)</i>	<b>£15.99</b> ”
<b>Efo Riro</b> <i>(made with spinach, uwgu and stir fried in peppers, spices and palm oil)</i>	<b>£15.99</b> ”
<b>Afang</b> <i>(made with okazi leaves, waterleaf and cooked with peppers as well as mixed meats, stockfish, dried fish, crayfish and prawns)</i>	<b>£17.99</b> ”
<b>Edikang Ikong</b> <i>(made with uwgu (pumpkin leaves), waterleaf and cooked with peppers as well as mixed meats, stockfish, dried fish, crayfish and prawns)</i>	<b>£17.99</b> ”
<b>Bitterleaf</b> <i>(made with bitter leaf and cooked with peppers as well as mixed meats, stockfish, dried fish, crayfish and prawns)</i>	<b>£17.99</b> ”
<b>Oha</b> <i>(made with fresh oha leaves and cooked with peppers as well as mixed meats, stockfish, dried fish, crayfish and prawns)</i>	<b>£17.99</b> ”
<b>Ogbono</b> <i>(dish made with ground dry ogbono(mango) seeds and cooked with assorted meat)</i>	<b>£17.99</b> ”
<b>Mixed Okro</b>	<b>£17.99</b> ”
<b>Fisherman Okro</b>	<b>£17.99</b> ”

\*\*\* Comes with choice of Eba, Amala, Pounded Yam or Semolina

Extra Swallow **£3.99**

## Meat Extra (served as portion)

Stewed Assorted Meat	<b>£5.99</b> )
Stewed Beef	<b>£6.50</b> )
Stewed Chicken	<b>£5.99</b> )
Stewed Turkey	<b>£5.99</b> )
Stewed Fish	<b>£6.50</b> )

## Sides

Moinmoin	<b>£4.99</b>
Gizdodo <i>(fried plantain and gizzard cooked in rich blend of peppers and spices)</i>	<b>£5.50</b>
Coleslaw	<b>£4.50</b>
Vegetable Salad	<b>£4.50</b>
Shredded Beef	<b>£11.99</b>
Nigerian Salad	<b>£5.25</b>

## Rice Dishes

<b>Jollof Rice</b> <i>(popular party jollof rice made with basmati rice cooked in peppers, tomatoes, herbs and spices)</i>	<b>£17.99</b> )
<b>Fried Rice</b> <i>(stir fried basmati rice with vegetables)</i>	<b>£17.99</b> )
<b>Rice &amp; Peas</b> <i>(basmati rice cooked in coconut milk and kidney beans. Works perfectly with curry goat sauce or shredded beef sauce)</i>	<b>£17.99</b> )
<b>White Rice</b> <i>(basmati rice)</i>	<b>£14.99</b>

\*\*\* Served with Peppered Assorted Meat OR Stewed Chicken, Stewed Beef OR Peppered Fish OR

Extra Portion of Meat	<b>£6.49</b>
Extra Portion of Rice	<b>£5.49</b>

## Vegetarian Meal (options)

Jollof Rice with Plantain	<b>£15.99</b>
Fried Rice with Plantain	<b>£16.99</b>
White Rice with Stew & Plantain	<b>£14.49</b>
Fried Yam with Sauce & Plantain	<b>£16.99</b>
Moinmoin with Plantain & Salad	<b>£13.99</b>
Fried Plantain with Sauce	<b>£12.99</b>

